



ASSUMPTION OF RISK, RELEASE AND WAIVER OF LIABILITY

I hereby acknowledge that the sport of gymnastics and activities at Triumph Gymnastics, LLC are dangerous and involve the potential risk of serious injury and/or death. The activities at TRIumph Gymnastics, LLC include, but are not limited to, gymnastics, Parkour, trampoline, tumbling, open gym, cheerleading, competitive team gymnastics, and other training activities. Participation in many of TRIumph Gymnastics, LLC activities involves motion, rotation and height in a unique environment and, as such, carries with it the serious risk of injury. Some of the risks include, but are not limited to, less serious injuries such as bruises, sprains or strains, and more serious injuries such as broken bones, dislocations and torn muscles. The risks also include, but are not limited to, catastrophic injuries such as permanent paralysis or even death, which may be caused by landing or falling on the back, neck or head. I acknowledge I have been adequately warned of any and all of the inherent potential risks associated with participating in these sports and any related or unrelated activities.

TRIumph Gymnastics has in place preventative measures to reduce the spread of viral illnesses, including but not limited to COVID-19, influenza, and others; however, TRIumph cannot guarantee that you or your child(ren) will not become infected. Further, attending TRIumph could increase your risk and your child(ren)'s risk of contracting an illness. By signing this agreement, I acknowledge the contagious nature of COVID-19 and other illnesses, and voluntarily assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 (or other illnesses) by attending TRIumph Gymnastics and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 (or other illnesses) at TRIumph may result from the actions, omissions, or negligence of myself and others, including, but not limited to, TRIumph employees, volunteers, and program participants and their families.

I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of TRIumph Gymnastics, its employees, agents, and representatives, whether an infection occurs before, during, or after participation in any TRIumph Gymnastics program.

If I cannot be reached in the event of an accident or emergency, while the above is under the care and supervision of TRIumph Gymnastics, LLC, I hereby authorize and give permission to their staff to undertake and employ emergency first aid, emergency transportation, obtain emergency medical treatment, and act in my stead to follow such procedures as necessary to admit and treat any emergency condition, at any hospital, if it is deemed necessary.

I grant TRIumph Gymnastics the right to take photographs and/or video recordings of me and the following participant(s) in connection with activities undertaken at TRIumph Gymnastics. I authorize TRIumph Gymnastics to copyright, use and publish the same in print and/or electronically. I agree that TRIumph Gymnastics may use such photographs and/or recordings for any lawful purpose, including publicity, illustration, advertising, and Web content without compensation.

I hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless TRIumph Gymnastics, LLC from all liability claims, demands, losses, or damages on the participant's account, including negligent rescue operations.

PARTICIPANT(S) MAY NOT PARTICIPATE WITHOUT AGREEING TO THIS RELEASE.

Student Name(s) _____

Date(s) of Birth _____

Home Address _____

City/State/Zip _____

Parent/Guardian Name _____ Phone _____

Emergency Contact _____ Phone _____

Signature _____ Date _____

Email _____

I do not wish to receive emails regarding upcoming events/offer from TRIumph Gymnastics.